

Natural Toothpaste



Kiss bad Breath
Goodbye
with Bad Breath
Toothpaste

The Dirt on Toothpaste

**Toothpaste Fluoride:
Not Always Safe for kids, Infants**

Good
Dental Care
Needs More than
tooth whitening
toothpaste





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If Would Like To Learn More About the Dangers of Toothpaste or
How The Essential Oils Can Improve Your Oral Health, visit
<http://www.oramd.com> NOW!



Warning: Contact Poison Center If Swallowed

Can you imagine seeing this label on a soft drink or bottled water? It would be insane, right? You probably wouldn't be surprised to see this label on cleaning products like bleach, degreasing products, and similar heavy-duty applications. But, should you really see this label on something that you put in your mouth every day? Even scarier is the fact that we ask our children to use this potential poison every day! And the name of this poison that can potentially be fatal if swallowed?

Your Toothpaste!!

There is a warning label on nearly every toothpaste product for a very good reason: many of the ingredients are toxic to humans and especially to small children when swallowed. This is not some clever play on words or any marketing campaign, there are several potential poisons found in almost all toothpaste products, including:

- Sodium Fluoride
- Sodium Lauryl Sulfate
- Triclosan
- FD & C Dyes # 1 & 2
- Hydrated Silica

Some of these ingredients are commonly found in rat poison, insecticides, engine degreasers, and a host of highly toxic applications. While it is true that companies do not use these ingredients in doses or concentrations that would typically be considered toxic, the fact remains that small children can ingest a fatal dose of 4 ounces and be dead in 2-4 hours without medical intervention!!

In this report, you will learn precisely why the government mandates that warning labels are included on most toothpaste and dental health products. The



ingredients used to make many of the top toothpaste brands (like Crest® and Colgate®) can be toxic when swallowed but few of us are aware just how dangerous these products can truly be.

Armed with the information provided in this special report presented by <http://www.OraMD.com> you will be able to avoid buying toxic products while finding the best alternatives for your overall oral health. Whatever you do, make sure that you read this report carefully because it could very well save your life and improve your overall health!

Sodium Fluoride: Brushing with Rat Poison

Look at almost any major toothpaste product on the market and you are likely to find sodium fluoride listed as one of the main ingredients. In fact, many products choose to prominently display this ingredient on their packaging as some sort of selling point. Oddly enough, you might just find a package of rat poison prominently displaying the very same ingredient!

If you were to look into the chemical composition of most municipal water supplies, you would likely find some level of fluoride present. This is no accident and most of us already know that fluoride is a common additive in many municipal water districts. The reason given: fluoride has been proven to prevent cavities. Sadly, most people believe that fluoride is perfectly safe and ultimately improves dental health. The truth, however, is a completely different story—and one that most government officials and toothpaste manufacturers would just assume keep secret from the public.

The True Beginnings of Fluoride



Few of us would believe the controversial beginning that fluoride had when it comes to being an actual benefit to oral health. In fact, during the 1920's and 30's, fluoride was suspected to be particularly bad for your teeth—especially when it came to staining!

“Colorado Brown Stain” or “Mottled Teeth” are alternative names for a condition known as fluorosis. A doctor out in Colorado discovered that aluminum miners (actually, former aluminum miners from Mexico) and family members all had particularly discolored teeth. The teeth were riddled with minute white flecks and yellow and/or brown spots.

Alcoa, the leading manufacturer of aluminum, began conducting studies and discovered that fluoride was the ultimate source of the staining. Fluoride is actually a by-product of aluminum manufacturing but it can also be found in bauxite, or aluminum ore. The water supply surrounding local bauxite mines was found to have “high” concentrations of fluoride (2-12 ppm—that's parts per million!!).

Although there seemed to be no doubt that the fluoride was responsible for the teeth staining, the researchers at Alcoa discovered something surprising from the studies: although the people drinking water contaminated with high levels of fluoride had embarrassing and unsightly discolored teeth—they were surprisingly free from cavities.

Further research revealed that the discolored teeth were surprisingly strong and resistant to decay (they seemed to have an especially strong enamel). The fluoride had actually combined during the mineralization process and the end product was a stronger, though stained and unsightly, tooth. Alcoa promoted the benefits of fluoride and eventually convinced toothpaste companies to include the dangerous industrial by-product as an ingredient. Further lobbying efforts



eventually paved the way for fluoride to be added to the water supplies of local municipalities. Alcoa turned a formerly unprofitable by-product that could potentially endanger future profits with liability lawsuits—into a money-making product that could supposedly be the answer to cavities and tooth decay!!

**Here Are Some More Interesting Facts About Fluoride
You Might Want To Know:**

- **Fluoride was added to the water supplies of Nazi prison camps and Soviet gulags to pacify inmates and make them more docile and compliant**
- **FDA has never formally approved fluoride despite the fact that it is a common additive in AMERICAN water supplies**
- **The United States is the only industrialized nation to still add fluoride to the water supply—all other nations abandoned the practice in the 1970's due to health risk concerns**
- **A 1990 study concluded that there was NO CONCLUSIVE EVIDENCE that fluoride reduced cavities**
- **Fluoride is a common ingredient in rat poison and insecticides**
- **Fluoride has been linked to increased risk of deformity**

Consider this: 1 Part Per Million is considered to be a **safe level of fluoride** while **2-12 Parts Per Million** will cause **fluorosis** and other health problems!

In excess levels, fluoride has been shown to actually dissolve teeth! While some magic level of fluoride will supposedly help build stronger teeth—too much fluoride could be disastrous to your health! In so-called “small overdoses”, fluoride may cause:

- Excess salivation



- Nausea
- Gastrointestinal pain
- Diarrhea

So the big question is this: How much fluoride are you really ingesting on any given day? Think about it: There is fluoride in most municipal water supplies. Plus, fluoride is found in almost all toothpaste products, many at-home teeth whitening remedies, and most mouthwashes! So, by simply drinking the daily recommended amount of water (1/2 ounce of water for every pound of actual body weight) and practicing good oral hygiene—are you getting too much fluoride and ruining your oral health?

For anyone who has problems with stained teeth, using teeth whitening products enriched with fluoride could be making the problem worse! In all honesty, your oral hygiene products may have played a huge role in the staining itself! Worst still, the staining and discoloration are really the mild problems associated with ingesting too much fluoride! In large enough doses, fluoride may:

- Cause temporary and long-term paralysis
- Muscular degeneration, weakness
- Convulsions
- Respiratory/Cardiac Failure
- DEATH

Sadly, there is a growing body of evidence that fluoride may not even be a factor in the fight against cavities. While there are studies concluding that fluoride is the common factor explaining why cavities are 50-60% less common today than before it was introduced to water supplies and oral health products, there may be alternative reasons for this reduction in cavities. Many believe that increased



public awareness, dental insurance, and other factors may account for the drastic reduction in cavities over the past six decades.

However, the simple truth is that it is not safe to leave your small child alone while brushing. This is especially true today because many toothpaste products have added artificial flavors to make them taste better—a very dangerous combination where a small child and any toothpaste made with fluoride!

Sodium Lauryl Sulfate: The Great “Bubble” Lie

Believe it or not, toothpaste manufacturers actually use Psychology to sell their products. Sodium Lauryl Sulfate, or SLS, is a common foaming agent added to toothpastes. SLS creates those bubbles we all see when we brush and we tend to believe that they mean the product is working and cleaning our teeth.

However, those bubbles have absolutely nothing to do with cleaning and everything to do with making you think that the product is effective and working. Simply put: Sodium Lauryl Sulfate is added to toothpaste to help boost profits and that fatter bottom line may be coming at the cost of your health! Aside from the toothpaste that you and your family put in your mouth each and every day, SLS is a common ingredient in the following products:

- Floor cleaners (industrial, grease-removing cleansers)
- Car-wash detergents
- Engine degreasers

According the American College of Toxicology, SLS is classified as a harsh detergent—essentially, it is a detergent. SLS is also very corrosive and considered harmful to skin tissue. In fact, laboratories commonly apply SLS to



stimulate skin irritation so that they can test the effectiveness of some new moisturizer or lotion. Considering that the skin on the inside of the mouth is far more sensitive than our skin on arms and hands—do you really want to put a known skin irritant in your mouth?

Here are just a few of the problems associated with SLS:

- Xerostomia
- Halitosis
- Canker Sores
- Carcinogenic Nitrates form when SLS combines with other nitrogen bearing ingredients
- May accumulate in heart, liver, lungs, and brain
- Corrodes hair follicles/impairs ability of new hair to grow

The true tragedy of SLS is that it truly provides no useful function where cleaning your teeth is concerned. The foaming action does not clean your teeth and is actually little more than a con to try and convince people that the product actually works. The truth is that you do not need bubbles or foam to clean your teeth and toothpaste manufacturer's already know this. What you need is an effective oral health product made from safe ingredients!

Triclosan: The High Price of Killing Bacteria

There are always potentially dangerous oral bacteria living in your mouth which is why most toothpaste and dental products contain some form of anti-bacterial agent. Triclosan is commonly found toothpaste products because it effectively



neutralizes the potentially harmful bacteria that can cause problems with tooth decay, halitosis, or even gum disease.

Effective? Yes, Tricoslan is very effective when it comes to eradicating bacteria—perhaps a little too effective! Tricoslan, the very same ingredient you may be putting in your mouth to fight bacteria, is also used in pesticides. While it is certain that toothpaste manufacturer's are using very low concentrations of the dangerous antibacterial agent, the fact is that the dangerous pesticide ingredient can accumulate and become stored in body fat. In time, the build-up can become toxic and lead to problems with:

- Liver damage
- Kidney damage
- Suppress immune system
- Linked with hormonal disruption
- Paralysis
- Sterility
- Lung/respiratory problems

Tricoslan is actually part of the Chlorphenol chemical class which is probably why it is listed as a dangerous pesticide by the EPA. Chlorphenol chemicals are suspected to cause cancer but there are not yet conclusive studies to positively establish the link but many are under way. Externally, phenol is known to cause moderate to severe skin irritation but you may not be aware of it because it also deactivates nerve endings so that we feel no discomfort. However, if ingested internally, phenol can cause far greater problems, including:

- Cold Sweats
- Convulsions
- Circulatory Collapse



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the Best Answer**



- Coma
- Death

Now honestly, why would any toothpaste company include an ingredient that is potentially so hazardous to the health of customers? There are certainly organic and all-natural ingredients that can control bacteria without risking the very health of those who consume them. So why would companies use Tricoslan when safer alternatives exist? That's right: money.

Tricoslan is typically cheaper to use than organic and all-natural antibacterial agents. However, how comfortable should any parent feel when thinking about their children brushing their teeth with a product that could potentially kill them if they swallow too much?

While there is no doubt that Tricoslan works and helps prevent bad breath, cavities, and gum disease—there are simply safer alternatives out there that will also eradicate bacteria without risking your life and the lives of your family!



FD & C Dyes # 1 & 2: Like Adding Tar To Toothpaste

FD & C dyes are completely useless additives used for one reason and one reason only: to sell more toothpaste. Hey, we all love pretty, colorful things which is why color additives are so common. However, these FD & C dyes are essentially coloring your toothpaste with synthesized tar!

Originally, FD & C dyes were derived from coal tar oil which has been classified as a carcinogen. Nowadays, the dyes are synthesized and that supposedly makes them safer to use...but the research tends to tell a very different story!

FD & C Dyes # 1 & 2 Have Been Linked To and May Cause:

- **Asthma**
- **Headaches**
- **Nausea**
- **Fatigue**
- **Inability to concentrate**
- **Nervousness**
- **Cancer**

Of course, some of the more severe reactions above come about because of an allergic intolerance to the synthetic petroleum products. However, it is still true that FD & C dyes have been linked to a wide range of behavioral, learning, and health problems which is why it is simply safer to avoid products made with these potentially dangerous, and ultimately unnecessary ingredients!



Hydrated Silica: Scrubbing Your Enamel Away

Hydrated silica does actually help clean your teeth but it can potentially cause far more damage than good. Toothpaste companies include hydrated silica in their products because it acts as an abrasive. You are especially likely to find hydrated silica in teeth whitening products because it can help the bleaching agents penetrate beyond the enamel.

Hydrated silica is actually a crystallized compound made up of sand, quartz, and flint. If you scrub excessively while brushing with a toothpaste or teeth whitening product made with hydrated silica, you may strip away the protective coating of enamel. This will not only make it easier for teeth to stain, it will also make cavities more likely as well. Plus, excessive enamel damage will cause sensitivity and may make eating/drinking hot or cold foods/beverages a painful experience.

“The public is cautioned against excessive use of ‘dioforms’ which are abrasive substances that cause the breakdown of tooth enamel. Products containing the ingredients silica and cellulose, in particular, should be avoided when gum disease, tooth decay, sensitivity, and receding gums are present”, Dr. Warren Sherer, New York College of Dentistry.

There is no reason to wait until problems with weakened or damaged enamel become evident. It is safer to simply avoid these harsh scrubbing agents and seek products that do not contain any hydrated silica. However, be prepared to look long and hard because these are very common cleansing agents—especially in teeth whitening toothpastes and other related products.



Ending Our Dependence on Toothpaste

Let's face it—we are hooked on toothpaste! And who can really blame us? Everyone reading this report grew up using toothpaste and hearing about how things like fluoride are great for cavity prevention. However, once you dig deeper and learn what the toothpaste companies and government don't want to tell you, it becomes clear that the risks are not worth it—at least if there is an effective and safe alternative available!

You don't need the fancy bubbles or pretty colors—you need a product that will control oral bacteria without causing harmful and potentially fatal side effects. All natural dental health remedies are available that will control the oral bacteria without endangering your health or that of your family. In fact, those made with essential oils are some of the best all-natural and effective alternatives to toothpaste available on the market.

The essential oils are a group of plant extracts derived from all natural and purely organic sources. Those used in dental health products are enriched with beneficial nutrients that control oral bacteria, sweeten breath, and prevent tooth decay, gum disease, and other conditions. Some of the best essential oils to look for in any toothpaste alternative include:

- Spearmint oil
- Peppermint oil
- Almond oil
- Eucalyptus oil
- Orange oil
- Lime oil



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If you still want to cling to your toothpaste and believe that it is perfectly safe to use, take this very simple test:

Does Your Toothpaste Have A Warning Telling You To Contact A Poison Center If Product Swallowed?

Any toothpaste or oral health product that has such a warning label is not safe—period! The unnecessary bubbles, colors, additives, and abrasive silica all add substantial health risk to you and your children each and every time we brush our teeth (which is typically 2-3 times per day!). You can maintain a healthy mouth and beautiful smile using safe but effective all natural alternatives. Remember, even these top brands contain the very ingredients mentioned all throughout this report:

Colgate® Crest® Pepsodent® Sensodine®

After years of research and development, OraMD has created a safe and effective all natural product made with essential oils like those listed above. Just apply 2 drops onto your toothbrush and then go about your typical brushing regimen. Those two drops will eliminate oral bacteria and allow you to sleep at night knowing that both you and your family are safe from the hidden dangers of toothpaste!

If Would Like To Learn More About the Dangers of Toothpaste or How The Essential Oils Can Improve Your Oral Health, visit <http://www.oramd.com> NOW!